

Make a note of your emergency assembly point, nearby designated evacuation site, and evacuation site outside the UPZ.

Emergency assembly point () Nearby designated evacuation site () Evacuation site outside the UPZ ()

Emergency pack checklist As these are the same preparations you should make for a natural disaster, keep this pack ready at all times.

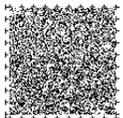
<input type="checkbox"/> Valuables  Cash, bankbook, personal seal, health insurance card, etc.	<input type="checkbox"/> Emergency provisions  Water, emergency food supplies	<input type="checkbox"/> Emergency medical supplies  Household medicines, your medical notebook, bandages, etc.	<input type="checkbox"/> Clothing, etc.  Change of clothes, towel, sanitary products, etc.	<input type="checkbox"/> Infant supplies  Diapers, powdered milk, baby bottle, etc.
<input type="checkbox"/> Portable radio, flashlight  Don't forget the batteries!	<input type="checkbox"/> Mobile phone  Don't forget the charger!	<input type="checkbox"/> Essential items for daily life  Glasses, dentures, hearing aid, etc.	<input type="checkbox"/> Items used when taking refuge  Mask, thermometer, disinfectant, handkerchief, outerwear, rucksack, hat, slippers, etc.	

○ Contact information for family and others

Name	Date of birth	Blood type	Illness / Medicine	Phone number	Memo

* Fill in using a permanent marker that won't rub out.

For inquiries about this pamphlet contact: _____



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Don't Forget!

To residents within the UPZ (approx. 5-30km radius away from the nuclear plant)

Sheltering indoors during a nuclear disaster is the first step to staying safe

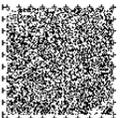


If you hear a state of alert has been issued, first collect your children from school, return home, and check the TV or other sources for information while staying indoors.



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<https://www.pref.saga.lg.jp/>



In a nuclear disaster, it is important to stay calm and await correct information and instructions from public authorities.

Staying in the home, "Sheltering indoors," is the first step to staying safe.*

* Going outdoors can greatly increase your risk of exposure if radioactive material is somehow released from the nuclear power plant.

Keep this booklet where it can be clearly seen.

* If everyone tries to evacuate far away all at once, this can lead to confusion and accidents, thus leading to increased risks.



Sheltering indoors

POINT

If the order to shelter indoors is given, take refuge at home or in a nearby building and protect yourself from exposure.



What to do if your home is damaged by an earthquake or other disasters?

It is important to prioritize evacuation actions for earthquakes and other disasters. First, evacuate to a designated nearby shelter. In normal times, check your local evacuation plan and designated nearby shelters on official websites or other sources. There is a section for notes on the back of this booklet.

Taking shelter in a concrete building is safer.



Follow these guidelines



Evacuation



Pay close attention to the official information provided and please calmly evacuate to the designated location. * When evacuating, try to wear clothing that covers your skin as much as possible.

If instructed to evacuate after taking indoor shelter...

