

第4表 年齢別 平均値の推移（佐賀県）

身長（男子）

（単位：c m）

区分	5歳	6歳	7歳	8歳	9歳	10歳	11歳	12歳	13歳	14歳	15歳	16歳	17歳
S 23	105.0	107.7	112.3	116.7	121.1	125.6	129.6	134.3	136.5	143.3	153.0	156.0	159.6
24	106.0	107.0	112.0	117.4	121.7	125.1	131.0	134.7	139.9	145.8	155.0	158.8	161.1
25	104.2	108.8	112.9	117.7	122.0	126.2	130.3	134.8	140.0	146.7	154.8	154.0	161.8
26	104.1	108.4	113.7	118.4	123.0	126.7	131.5	135.7	141.1	147.2	154.3	158.7	161.7
27	...	...	...	...	...	...	132.3	...	...	148.2	...	...	162.5
28	...	...	...	...	...	...	131.7	...	...	147.8	...	...	162.2
29	105.6	...	...	...	...	...	132.8	...	...	149.2	...	...	162.7
30	105.5	109.7	114.8	119.4	123.7	127.9	133.1	137.8	144.0	150.1	157.3	160.4	162.4
31	105.6	110.0	115.1	120.5	124.8	129.5	133.9	138.3	144.2	150.9	157.7	161.1	163.0
32	105.6	110.1	115.0	120.1	125.2	129.2	134.3	138.7	144.8	151.1	158.8	161.9	163.7
33	105.9	110.5	115.6	120.8	125.6	130.2	134.4	139.8	145.6	152.1	158.9	161.8	163.6
34	106.2	110.7	115.6	120.7	125.8	131.2	134.7	139.5	146.7	153.2	159.5	162.2	163.8
35	106.5	111.2	116.2	121.2	125.8	130.6	134.8	141.4	146.8	153.8	159.6	162.5	164.1
36	106.9	111.4	116.2	121.4	126.3	130.6	135.4	140.6	147.7	153.9	160.3	162.4	164.2
37	106.3	111.8	116.6	121.5	126.6	131.2	135.7	141.1	147.7	153.8	161.2	163.8	164.9
38	107.5	111.8	117.0	121.5	126.8	131.6	136.1	141.4	147.6	155.0	161.5	163.8	164.6
39	107.6	112.3	117.9	122.8	127.0	131.5	137.0	142.4	149.2	156.1	162.1	164.5	165.6
40	108.1	112.5	117.9	122.9	128.1	132.2	137.2	143.0	150.0	156.5	162.3	164.8	165.7
41	108.1	112.9	118.1	123.3	128.3	132.7	137.7	143.9	150.7	157.5	162.9	165.1	166.2
42	107.9	112.7	118.3	123.5	128.3	133.2	137.9	143.7	150.3	157.5	162.9	164.7	166.4
43	107.9	113.4	118.9	124.1	128.9	133.3	138.4	144.5	151.7	158.1	163.1	165.7	166.5
44	108.5	113.3	118.8	123.3	129.0	133.6	138.5	144.8	151.8	158.4	163.3	165.5	167.0
45	...	...	...	...	...	...	138.9	...	...	158.5	...	...	166.1
46	109.2	113.8	119.4	124.8	129.5	134.4	139.7	145.6	152.0	159.1	163.9	166.2	166.9
47	109.0	114.3	119.5	125.0	129.9	135.0	139.8	146.0	153.1	159.6	164.4	166.5	167.4
48	109.3	114.3	120.1	125.3	130.2	135.0	140.4	146.6	154.4	160.5	164.4	166.8	167.5
49	109.6	114.5	119.6	125.6	130.2	135.5	140.2	147.2	154.7	161.0	164.9	167.2	168.0
50	109.5	114.8	120.1	125.2	130.9	135.6	141.0	147.0	154.6	160.7	165.1	167.4	167.9
51	109.7	114.7	120.5	125.7	130.4	136.0	141.0	147.8	154.7	161.4	165.2	167.7	168.5
52	110.2	115.3	120.3	125.9	130.6	135.8	141.8	147.7	155.6	161.3	165.0	167.6	168.2
53	110.3	114.8	120.9	126.4	131.3	136.9	141.3	148.7	155.5	161.5	165.2	168.0	169.6
54	109.7	115.1	120.6	126.7	131.0	136.8	142.1	148.1	156.0	162.2	165.7	167.9	168.5
55	110.1	115.3	120.7	126.3	131.2	136.9	142.0	149.0	156.1	162.6	166.3	168.1	169.2
56	109.7	115.7	120.9	126.5	131.6	137.0	142.0	149.1	156.6	162.4	167.0	168.2	169.8
57	109.6	115.6	121.0	126.4	131.5	137.1	142.7	148.9	156.6	162.8	165.7	168.6	169.3
58	110.1	115.4	121.1	126.6	131.5	136.3	142.8	148.9	155.7	162.8	166.4	168.4	169.5
59	110.4	116.0	121.3	126.9	131.8	137.0	142.8	148.9	156.3	162.9	166.9	169.1	169.5
60	110.2	116.2	121.9	127.0	132.4	137.3	142.2	148.3	156.5	163.4	166.6	169.0	170.0
61	110.3	115.9	121.6	127.3	132.2	137.3	142.8	149.0	156.8	163.4	167.0	168.9	170.6
62	110.3	116.2	122.3	127.8	132.0	137.6	143.1	149.4	157.2	163.1	166.8	169.1	170.0
63	110.5	116.7	121.7	127.5	132.4	137.6	142.8	150.0	157.4	163.4	167.2	168.7	170.0
H 元	110.6	116.0	121.8	127.3	132.9	138.4	143.8	150.4	157.5	163.9	167.3	169.0	170.6
2	110.7	116.4	122.4	127.4	132.7	137.8	143.4	149.9	157.8	163.7	167.8	169.0	170.1
3	110.6	117.0	122.2	127.4	132.3	137.8	144.0	150.9	157.7	164.1	167.8	169.0	169.9
4	110.8	116.6	122.4	127.6	132.5	138.0	143.8	150.8	158.6	164.2	167.7	169.5	170.2
5	110.9	116.5	121.9	127.8	132.9	138.7	144.3	150.6	158.2	164.1	167.4	169.3	170.2
6	110.6	116.4	122.6	127.6	133.2	138.9	144.5	151.0	158.6	163.9	166.9	169.9	169.8
7	110.6	116.6	121.7	127.5	133.0	138.0	144.3	151.0	158.7	164.5	168.0	169.3	170.1
8	110.5	116.8	122.5	127.6	133.1	137.7	144.6	151.4	158.0	164.4	167.8	169.3	169.7
9	110.1	116.1	122.2	127.5	133.2	138.8	144.3	151.8	159.0	164.7	168.3	169.3	170.5
10	110.2	116.6	122.3	127.9	132.8	138.4	144.9	151.9	159.2	164.5	168.0	169.8	170.4
11	110.5	116.4	122.2	128.2	133.1	138.4	144.6	152.5	159.2	165.0	167.4	169.4	170.0
12	110.3	116.3	122.3	127.8	132.8	138.7	144.8	151.8	159.2	164.7	168.4	169.9	170.4
13	110.5	116.7	122.2	127.9	133.2	138.6	144.3	152.5	159.4	164.9	167.7	170.0	170.5
14	110.4	116.7	122.6	128.1	132.6	138.7	145.0	151.5	159.5	164.8	167.7	169.7	170.9
15	110.8	116.4	122.1	127.8	133.3	138.5	144.5	151.8	159.2	165.1	168.0	170.0	170.5
16	110.5	116.7	122.4	128.0	133.4	138.6	144.9	151.9	159.4	164.8	168.5	169.6	170.1
17	110.6	116.5	122.4	127.7	133.1	138.8	144.8	150.8	159.1	164.4	167.7	169.4	170.2
18	110.5	116.4	122.4	128.0	133.5	138.3	144.5	151.9	159.2	164.6	168.1	169.2	170.6
19	110.6	116.5	122.5	128.3	133.6	138.9	144.8	152.0	159.3	164.6	167.8	169.5	171.2
20	110.6	116.8	122.4	127.9	133.4	138.8	145.1	151.8	159.3	165.1	167.6	169.4	170.2
21	110.4	116.1	122.4	127.8	132.9	138.4	144.4	152.0	159.2	164.5	167.7	169.2	169.8
22	109.9	116.3	122.6	128.1	133.2	138.7	145.0	151.7	158.7	164.8	167.6	169.1	170.6
23	110.1	116.2	121.8	128.3	133.2	138.4	144.6	151.8	159.4	164.7	167.8	169.3	170.7
24	110.4	116.3	122.3	128.3	133.8	139.1	144.6	151.5	159.1	164.6	168.3	169.4	170.3
25	110.2	116.7	122.2	128.0	133.4	138.4	144.3	151.7	159.2	164.8	168.2	168.8	170.5
26	110.2	116.5	122.3	127.6	133.6	138.3	144.9	152.3	159.3	164.8	167.7	169.6	170.1
27	110.1	116.5	122.1	127.6	132.7	138.7	144.9	152.5	159.3	165.2	167.9	169.3	171.0
28	109.7	116.3	122.3	127.7	133.3	138.6	144.6	152.7	159.5	165.2	167.7	170.2	170.7
29	110.1	116.2	122.3	128.2	133.2	138.7	145.3	151.7	159.9	164.8	168.0	169.7	171.0
30	110.3	116.4	122.1	127.6	133.5	137.9	144.9	152.1	159.3	164.9	168.1	169.3	170.1
R 元	110.0	116.4	122.3	127.8	133.3	138.6	145.2	152.2	159.2	164.9	167.5	169.6	170.2
2	111.5	116.6	122.7	128.2	133.0	139.1	145.2	151.9	159.7	165.1	167.5	168.3	169.5
3	110.8	116.5	122.2	128.2	133.7	139.0	144.9	152.8	160.0	165.4	167.7	168.9	170.8

注1) 下線の部分は調査実施以来最高を示す。

注2) 令和2年度と3年度は新型コロナウイルス感染症の影響で、他の年度と測定時期が異なっているため、過去の数値と単純比較することはできない。

## 身長（女子）

（単位：cm）

区分	5歳	6歳	7歳	8歳	9歳	10歳	11歳	12歳	13歳	14歳	15歳	16歳	17歳
S 23	104.8	106.9	111.5	115.9	120.5	124.8	129.5	135.4	139.7	144.7	150.3	151.7	152.8
24	104.3	107.9	111.9	117.0	120.5	125.1	130.7	136.1	141.4	145.7	150.1	152.1	152.4
25	103.6	107.4	112.0	116.9	121.4	125.9	130.9	136.4	141.6	146.1	150.3	151.5	152.8
26	103.9	108.0	112.3	117.4	122.3	127.0	131.7	136.7	142.4	146.7	150.5	151.7	151.9
27	...	...	...	...	...	...	132.2	...	...	147.0	...	...	152.7
28	...	...	...	...	...	...	131.8	...	...	147.8	...	...	152.7
29	104.9	...	...	...	...	...	132.9	...	...	147.3	...	...	152.7
30	104.6	108.5	114.0	118.7	123.1	128.6	133.6	139.3	144.5	148.2	150.7	151.8	152.3
31	104.7	108.7	114.5	119.7	124.2	129.6	135.1	140.3	145.4	148.8	151.3	152.1	152.4
32	104.2	109.0	114.2	119.3	124.5	129.4	135.5	140.6	145.4	148.5	151.0	152.8	153.4
33	105.1	109.8	114.9	119.8	125.0	130.4	135.4	142.0	146.6	149.6	151.7	152.4	152.7
34	105.1	109.7	114.7	119.8	125.3	130.2	136.1	142.0	147.0	149.9	151.7	152.5	153.3
35	105.5	110.0	115.4	120.2	125.4	131.0	137.0	143.8	147.3	150.4	152.1	152.3	153.0
36	105.4	111.3	115.7	120.6	125.7	131.1	137.0	143.3	148.1	150.6	152.0	153.2	153.1
37	104.3	110.3	115.7	120.8	126.0	131.3	137.2	143.5	148.2	151.1	152.9	153.3	153.7
38	106.3	110.8	116.2	121.5	126.6	132.1	137.9	144.1	148.8	151.3	153.1	153.7	153.9
39	106.4	111.4	118.4	121.8	126.9	133.6	138.5	144.6	148.9	151.4	153.4	154.0	154.3
40	106.9	111.7	117.1	122.3	127.3	132.9	139.2	145.2	149.5	151.9	153.5	154.5	154.5
41	107.3	112.0	117.1	122.3	128.0	133.4	139.9	145.9	150.2	152.2	153.7	154.3	154.7
42	106.9	111.9	117.3	122.6	128.2	133.8	140.1	145.7	150.0	152.3	153.7	154.3	154.4
43	107.0	112.2	117.9	123.3	128.5	134.5	140.7	146.5	150.5	153.0	154.0	154.2	154.7
44	107.8	112.6	118.1	123.5	128.5	135.0	141.3	146.9	150.6	153.1	154.5	154.6	155.0
45	...	...	...	...	...	...	141.3	...	...	152.8	...	...	154.7
46	108.5	112.9	118.6	124.0	129.2	135.1	142.1	147.7	151.7	153.2	154.8	155.0	155.2
47	108.1	113.3	118.7	124.3	130.2	135.5	142.2	147.8	151.4	153.8	155.1	154.9	155.3
48	108.5	113.5	119.1	124.9	130.3	136.4	142.9	147.9	152.0	154.0	155.3	155.2	155.7
49	108.0	113.5	119.4	124.9	130.5	136.5	142.8	148.4	152.3	154.4	155.1	155.6	155.6
50	108.7	113.8	119.6	124.9	130.6	136.9	143.5	148.7	152.5	154.4	155.2	155.7	155.9
51	108.7	114.0	119.7	124.8	130.6	136.8	143.4	149.0	152.6	154.4	155.3	155.6	156.1
52	109.4	113.9	119.7	125.3	131.3	137.3	143.2	149.6	153.2	154.8	155.4	156.0	156.6
53	109.1	114.3	120.3	125.5	131.1	138.1	144.3	149.8	153.5	154.6	155.1	156.2	156.4
54	108.9	114.5	120.2	125.5	131.0	138.1	144.4	150.1	153.7	155.4	155.9	156.3	156.1
55	109.4	114.4	119.9	125.6	131.3	138.4	144.2	150.5	153.7	155.9	155.8	156.5	156.5
56	109.1	114.6	120.4	126.1	131.6	138.6	144.9	149.8	153.9	155.8	156.7	156.8	157.4
57	109.3	114.8	120.5	126.1	131.9	138.0	144.6	150.1	153.8	155.7	156.3	156.8	156.8
58	109.3	115.2	120.2	125.9	131.8	138.2	144.5	149.7	153.7	155.9	156.4	157.0	157.2
59	109.5	115.2	121.1	126.1	131.9	138.0	145.2	150.2	154.1	156.0	156.8	157.4	157.4
60	109.3	115.4	120.7	126.9	131.9	138.9	145.1	150.4	154.2	155.8	156.9	157.4	157.1
61	109.6	115.3	121.0	126.8	132.5	138.9	145.8	150.8	154.2	156.0	156.4	157.3	157.6
62	109.5	115.9	121.2	126.8	132.1	139.2	145.3	150.6	154.0	156.2	156.4	157.0	157.1
63	109.7	115.5	121.2	126.9	132.5	139.4	145.1	150.5	154.3	155.8	156.7	157.5	157.8
H 元	109.6	115.8	121.2	127.2	132.4	139.3	146.1	151.2	154.5	156.2	156.5	157.3	157.6
2	109.6	115.5	121.7	127.2	133.3	139.0	146.2	151.1	154.3	156.1	157.0	157.2	157.7
3	110.0	115.8	121.0	127.1	132.8	139.1	145.7	151.2	154.5	156.2	157.0	158.0	157.2
4	109.9	115.5	121.3	127.3	132.6	139.5	146.4	151.1	154.5	156.3	156.8	157.5	157.6
5	109.5	115.7	121.4	127.2	133.2	140.2	145.9	151.1	154.2	156.3	156.9	157.9	157.9
6	109.7	115.8	121.3	127.3	132.6	140.0	146.6	151.2	154.2	156.3	156.9	157.0	157.3
7	110.0	115.6	121.3	126.9	133.2	139.7	146.3	151.3	154.7	156.4	157.1	157.4	157.6
8	109.8	115.5	120.9	127.1	133.7	139.5	145.8	151.6	154.7	156.4	157.2	157.9	157.9
9	109.3	115.5	121.1	127.2	133.2	140.4	146.8	151.7	154.9	156.1	157.4	158.0	158.1
10	109.7	115.9	121.5	127.2	133.3	140.3	147.1	151.9	154.7	156.0	156.7	157.6	157.9
11	109.8	115.3	121.4	127.2	132.9	139.7	147.3	151.6	154.8	156.0	156.5	157.7	157.3
12	109.5	115.8	121.4	127.3	133.3	140.2	146.6	152.1	154.9	156.4	156.7	157.2	157.7
13	109.8	116.0	121.4	127.4	133.6	139.9	146.2	151.4	155.4	156.4	156.2	157.1	157.7
14	109.9	115.5	121.9	127.3	133.4	140.4	147.1	151.6	155.0	156.2	156.7	157.4	157.7
15	109.9	115.7	121.5	127.4	133.3	140.1	146.8	151.7	154.7	156.4	156.5	156.8	157.3
16	110.0	115.8	121.7	127.6	133.2	140.5	146.4	151.5	154.5	156.4	156.5	157.4	157.3
17	109.6	116.0	121.9	127.2	133.6	140.4	147.6	151.6	154.9	156.3	156.6	157.3	158.1
18	109.6	115.6	121.3	127.3	133.2	139.7	147.2	151.7	154.9	156.6	157.4	157.4	157.4
19	109.3	115.3	121.8	127.1	133.4	140.2	147.6	151.5	155.1	156.1	156.6	157.9	156.8
20	109.9	115.7	120.9	127.3	133.9	140.6	146.8	151.7	155.0	156.3	157.2	157.4	157.7
21	109.9	115.4	121.3	126.9	133.9	140.3	146.8	152.1	154.9	156.2	156.9	157.2	157.3
22	109.1	115.9	121.4	127.0	133.5	140.2	146.8	151.9	154.4	156.4	157.0	157.2	157.2
23	109.6	115.6	121.3	126.7	133.7	140.1	147.3	151.2	155.0	156.2	157.0	157.4	158.0
24	109.7	115.6	121.2	126.5	133.3	140.4	146.7	152.0	154.2	156.4	157.1	157.4	157.6
25	109.5	115.1	121.5	126.8	133.2	139.9	147.0	151.6	154.6	156.2	156.9	157.5	157.1
26	109.6	115.6	121.1	127.4	133.5	140.6	146.5	151.8	154.4	156.1	156.4	157.8	157.5
27	109.2	115.9	121.2	127.0	133.5	140.0	146.9	151.6	154.5	156.2	156.5	157.0	157.4
28	108.8	115.2	121.2	127.1	132.9	140.0	146.8	151.7	154.8	156.4	156.6	157.0	157.0
29	109.5	115.6	120.8	127.3	133.3	139.5	147.0	151.6	154.2	156.2	156.1	157.3	157.5
30	108.8	115.3	120.9	126.8	133.5	139.9	146.4	151.3	154.5	155.9	156.6	157.7	157.5
R 元	109.5	115.9	121.3	127.3	133.1	140.2	146.6	151.5	154.4	155.8	156.4	157.1	157.1
2	110.5	116.1	121.2	127.5	133.5	139.8	147.3	151.7	154.4	155.8	156.3	157.9	156.5
3	109.8	115.5	122.2	127.5	133.7	140.4	147.0	151.5	154.4	155.9	157.3	157.8	157.4

注1) 下線の部分は調査実施以来最高を示す。

注2) 令和2年度と3年度は新型コロナウイルス感染症の影響で、他の年度と測定時期が異なっているため、過去の数値と単純比較することはできない。

体 重 (男子)

(単位：kg)

区 分	5歳	6歳	7歳	8歳	9歳	10歳	11歳	12歳	13歳	14歳	15歳	16歳	17歳
S 23	16.4	18.4	20.1	21.7	23.6	25.6	28.2	30.7	31.7	33.0	43.7	47.6	50.3
24	17.4	17.8	19.5	21.4	23.5	25.4	26.1	31.0	34.3	38.6	48.3	50.1	53.0
25	17.2	18.2	20.8	22.1	24.1	26.0	28.7	31.1	34.4	39.0	45.8	49.9	52.4
26	17.3	18.5	20.6	22.5	24.5	26.6	29.0	31.5	34.9	39.5	45.9	50.6	53.3
27	...	...	...	...	...	...	28.8	...	...	40.2	...	...	53.5
28	...	...	...	...	...	...	28.9	...	...	40.8	...	...	53.5
29	17.2	...	...	...	...	...	29.1	...	...	40.9	...	...	53.4
30	17.4	18.6	20.6	22.5	24.6	26.8	29.3	32.4	36.7	41.8	48.0	51.5	53.7
31	17.4	18.6	20.6	22.7	24.9	27.6	29.8	32.7	37.6	42.6	48.4	52.0	54.4
32	17.3	18.6	20.6	22.6	25.0	27.2	29.8	32.8	37.3	42.4	48.9	52.4	55.0
33	17.4	18.8	20.7	22.8	24.9	27.2	29.7	33.3	37.9	43.2	49.1	52.7	55.6
34	17.4	18.8	20.9	22.7	24.9	27.3	29.9	33.3	38.5	43.9	49.2	52.5	54.8
35	17.5	18.8	20.7	22.9	24.8	27.3	29.8	33.7	38.3	44.2	50.0	52.9	55.4
36	17.8	19.0	20.9	22.9	25.1	27.5	30.1	34.7	38.7	44.2	49.6	52.6	55.2
37	17.7	18.9	20.8	22.7	25.3	27.6	30.0	33.8	38.6	44.6	50.4	53.6	55.8
38	17.7	19.1	20.9	23.2	25.4	27.7	30.2	34.2	39.3	45.1	50.6	53.9	55.8
39	17.8	19.3	21.1	23.3	25.4	27.5	30.7	35.0	39.8	45.6	50.9	54.2	56.0
40	18.2	19.4	21.3	23.5	25.9	28.2	30.9	34.9	40.1	45.5	50.9	54.1	56.5
41	18.2	19.4	21.4	23.6	26.0	28.3	31.3	35.2	40.6	46.1	51.0	54.7	56.5
42	17.9	19.2	21.3	23.7	25.9	28.6	31.4	35.4	40.5	46.3	51.7	54.3	56.5
43	17.9	19.4	21.7	23.8	26.3	28.8	31.7	35.9	41.3	46.7	51.6	54.9	56.5
44	18.2	19.5	21.8	24.1	26.5	29.1	32.1	36.2	41.6	49.0	52.0	54.7	56.8
45	...	...	...	...	...	...	32.6	...	...	47.4	...	...	56.7
46	18.3	19.7	22.0	24.5	26.9	29.6	32.9	37.1	41.8	48.0	52.3	55.8	57.0
47	18.2	19.9	22.1	24.5	27.1	29.9	33.1	37.5	42.8	48.4	53.2	55.9	57.6
48	18.5	19.9	22.3	24.8	27.3	30.1	33.6	37.9	43.7	48.8	53.2	55.9	57.4
49	18.6	20.2	22.3	25.0	27.4	30.5	33.4	38.1	43.8	49.4	53.1	56.3	57.7
50	18.5	20.2	22.3	24.8	27.8	30.5	33.8	38.0	43.5	49.1	53.4	56.4	58.1
51	18.5	20.2	22.7	25.1	27.6	30.7	34.0	38.7	44.0	49.5	53.9	56.5	58.0
52	19.0	20.4	22.6	25.2	27.6	30.9	34.2	38.4	44.4	49.0	52.8	56.4	57.7
53	18.9	20.1	22.9	25.3	28.1	31.2	34.4	39.8	44.6	49.4	53.9	56.7	59.0
54	18.9	20.7	22.7	25.5	28.0	31.5	35.2	39.6	44.7	50.6	54.3	57.3	58.3
55	18.8	20.4	22.6	25.5	27.9	31.5	34.9	40.0	45.2	50.8	55.0	57.0	58.9
56	18.6	20.6	22.7	25.4	28.3	31.5	34.7	40.1	45.4	50.7	55.9	57.7	59.5
57	18.7	20.7	23.1	25.4	28.3	31.5	35.3	40.2	45.6	51.2	54.9	57.9	59.6
58	18.9	20.5	22.7	25.4	28.2	31.1	35.3	40.2	45.1	51.6	56.3	57.6	59.7
59	18.9	20.7	23.1	25.6	28.3	31.6	35.3	40.2	45.8	51.4	56.4	58.9	60.0
60	18.8	20.9	23.3	25.9	28.5	31.9	34.9	39.9	45.7	51.6	56.2	58.8	60.2
61	18.8	20.7	23.3	26.1	28.7	32.0	35.7	40.7	46.4	52.1	57.2	58.8	61.5
62	19.0	21.0	23.7	26.4	29.0	32.7	36.1	40.9	46.7	51.6	56.8	59.6	59.8
63	19.1	21.1	23.2	26.3	29.0	32.4	35.8	41.3	46.8	52.2	57.5	58.8	60.5
H 元	19.1	21.0	23.6	26.1	29.6	33.2	36.9	41.5	46.8	52.4	57.2	58.8	61.5
2	19.3	21.3	23.9	26.5	29.3	32.6	36.5	41.8	47.2	52.7	58.5	60.4	60.9
3	19.3	21.5	23.8	26.8	29.4	32.6	36.8	43.0	48.2	52.9	58.1	60.4	61.6
4	19.3	21.3	24.0	26.5	29.4	33.1	37.1	42.4	48.2	53.3	58.3	60.0	61.9
5	19.4	21.6	23.7	27.0	30.0	33.4	37.5	42.3	47.6	53.4	58.2	60.3	60.8
6	19.1	21.3	24.2	26.8	30.3	34.0	38.0	43.1	48.2	53.4	57.5	61.3	61.5
7	19.3	21.6	23.7	27.1	30.6	33.3	37.6	43.1	48.2	53.2	58.3	60.7	62.2
8	19.3	21.8	24.5	27.1	30.6	33.6	38.4	43.4	47.6	53.6	57.7	60.0	61.9
9	19.0	21.6	24.1	27.0	30.6	34.4	37.7	43.7	49.1	53.6	58.9	60.4	62.5
10	18.9	21.5	24.2	27.4	30.4	33.9	38.7	44.6	49.1	54.1	58.7	60.7	62.3
11	19.2	21.6	24.3	27.3	30.5	34.1	38.6	44.9	48.8	54.0	58.0	60.8	61.9
12	19.2	21.3	24.2	27.5	30.4	35.0	38.6	44.3	49.4	54.3	59.0	61.3	62.3
13	19.1	<u>21.9</u>	24.0	27.4	30.6	34.8	37.6	<u>45.1</u>	49.5	54.6	59.5	60.9	62.6
14	19.1	21.8	24.4	27.6	30.2	34.5	39.0	44.1	<u>50.1</u>	54.7	59.7	61.4	63.2
15	<u>19.5</u>	21.7	24.0	27.6	30.5	34.3	38.3	45.0	<u>49.6</u>	<u>55.3</u>	60.4	61.5	63.5
16	18.9	21.5	24.2	27.6	30.7	34.0	38.8	44.2	49.5	54.6	60.1	60.8	62.3
17	19.1	21.6	24.4	27.2	30.6	34.9	38.7	43.2	49.4	54.5	60.2	61.5	63.4
18	19.0	21.4	24.2	27.2	30.6	34.1	38.1	44.3	49.2	54.3	59.9	62.2	<u>64.8</u>
19	19.0	21.6	24.2	27.2	<u>31.0</u>	34.2	38.1	44.4	49.6	53.6	58.3	<u>62.4</u>	63.3
20	18.9	21.6	23.9	27.1	30.7	34.5	38.9	44.2	49.1	54.1	60.4	61.6	62.6
21	18.9	21.2	24.0	26.7	30.0	33.5	37.7	44.1	49.3	54.0	59.9	61.5	61.5
22	18.7	21.4	24.1	27.1	30.2	34.2	38.2	44.2	48.5	54.4	58.6	60.9	63.9
23	18.9	21.3	23.7	27.3	<u>29.9</u>	33.4	37.5	43.5	49.4	54.0	58.5	60.9	63.8
24	19.0	21.2	24.0	27.1	<u>31.0</u>	34.3	37.3	43.4	48.3	54.2	59.6	61.0	62.8
25	18.8	21.6	24.0	27.1	30.0	34.2	37.9	43.6	48.9	53.6	59.3	60.2	63.9
26	18.7	21.5	24.0	26.8	30.5	33.1	38.6	44.2	48.7	53.9	58.4	61.3	62.5
27	18.8	21.4	24.1	26.7	29.7	33.7	37.8	44.2	48.6	54.2	59.2	60.2	63.0
28	18.7	21.3	24.1	26.8	30.7	34.0	38.0	44.4	49.2	54.2	60.1	62.1	63.1
29	18.8	21.3	24.0	27.4	30.3	34.2	38.7	44.1	49.5	53.9	58.6	60.5	63.8
30	18.9	21.3	23.9	27.2	30.3	33.7	38.3	43.8	48.5	53.4	59.7	60.4	62.3
R 元	19.0	21.4	24.0	27.4	30.7	34.1	39.5	45.0	49.5	53.7	58.1	61.4	62.8
2	19.5	21.7	24.6	27.9	30.8	35.5	38.7	44.3	49.4	54.9	58.7	60.3	62.2
3	19.3	21.6	24.2	27.4	30.9	34.8	38.6	44.9	50.0	54.4	59.6	61.0	62.2

注1) 下線の部分は調査実施以来最高を示す。

注2) 令和2年度と3年度は新型コロナウイルス感染症の影響で、他の年度と測定時期が異なっているため、過去の数値と単純比較することはできない。

体 重 (女子)

(単位 : k g)

区 分	5歳	6歳	7歳	8歳	9歳	10歳	11歳	12歳	13歳	14歳	15歳	16歳	17歳
S 23	15.6	17.6	19.2	21.0	23.0	25.2	27.5	31.6	35.1	39.0	44.1	43.6	48.2
24	17.1	17.0	18.6	20.8	22.2	24.5	26.5	32.0	36.2	39.5	45.0	48.5	49.0
25	16.8	17.7	19.5	21.5	22.6	25.6	28.2	32.0	36.2	40.6	44.8	46.4	48.3
26	17.0	18.1	19.8	22.2	23.7	26.3	29.0	32.3	37.1	41.1	45.1	47.9	49.3
27	...	...	...	...	...	...	28.7	...	...	40.8	...	...	49.5
28	...	...	...	...	...	...	29.1	...	...	41.8	...	...	49.1
29	16.8	...	...	...	...	...	29.3	...	...	42.0	...	...	48.7
30	16.8	18.1	20.0	22.0	24.1	26.7	29.8	34.1	38.6	42.7	46.4	48.3	49.5
31	16.9	18.2	20.0	22.0	24.3	26.6	30.6	34.3	39.1	43.2	46.9	48.7	49.6
32	16.6	18.2	20.0	22.1	24.7	27.1	30.8	34.7	39.4	43.4	46.8	49.2	50.0
33	17.0	18.3	20.2	22.3	24.6	27.3	30.6	35.4	40.5	43.9	47.4	49.1	49.9
34	16.9	18.3	20.2	22.2	24.6	27.3	31.1	35.2	40.8	44.6	47.3	49.1	50.3
35	17.1	18.3	20.1	22.2	24.6	27.6	31.4	36.1	40.7	45.0	47.5	49.1	50.2
36	17.1	18.5	20.3	22.4	24.9	27.6	31.4	34.1	40.9	44.6	47.5	49.5	50.2
37	17.1	18.6	20.7	22.4	24.7	27.7	31.4	36.4	41.2	45.1	48.0	49.7	51.3
38	17.8	18.4	20.4	22.6	24.0	27.9	31.7	36.6	39.6	45.1	48.2	50.3	50.7
39	17.2	18.6	20.6	22.7	25.0	28.2	32.0	36.8	41.5	45.1	47.7	49.4	50.7
40	17.6	18.7	20.9	22.9	25.5	28.5	32.6	37.3	41.8	44.4	48.7	50.0	50.2
41	17.7	18.9	20.9	23.1	25.6	28.5	32.8	37.5	42.1	45.7	47.9	49.9	50.4
42	17.4	18.8	20.8	23.0	25.5	28.8	33.1	37.8	42.3	45.7	48.0	50.1	50.7
43	17.5	18.8	21.1	23.5	25.7	29.4	33.5	38.2	42.7	46.5	48.5	50.0	50.5
44	17.8	19.0	21.3	23.6	26.2	29.6	33.9	39.0	45.1	46.5	49.7	50.5	50.8
45	...	...	...	...	...	...	34.2	...	...	46.7	...	...	51.1
46	17.8	19.3	21.5	24.1	26.5	29.8	34.6	39.8	44.3	47.3	49.9	50.6	51.4
47	17.9	19.5	21.6	24.2	26.9	30.3	34.9	39.9	44.5	47.7	49.9	51.0	51.7
48	18.1	19.3	21.8	24.4	27.3	30.8	35.6	40.3	44.8	47.9	50.0	50.9	51.9
49	18.1	19.6	21.9	24.5	27.4	30.9	35.4	40.3	44.9	48.0	50.2	51.2	51.8
50	17.9	19.7	22.0	24.5	27.5	31.1	35.8	40.3	44.8	47.7	50.4	51.9	52.0
51	18.0	19.8	22.1	24.7	27.6	31.1	35.7	40.8	45.3	48.0	50.0	51.3	52.0
52	18.4	19.8	22.0	24.9	28.1	31.9	35.7	41.0	45.5	48.1	49.9	51.9	51.4
53	18.2	19.9	22.4	24.7	27.6	31.8	36.3	41.6	45.9	48.0	49.9	51.7	51.7
54	18.4	20.4	22.6	25.1	27.8	32.3	36.9	41.8	45.6	48.8	50.6	51.5	51.2
55	18.5	19.9	22.0	25.0	28.3	32.3	36.0	42.0	46.0	48.8	50.8	51.6	51.7
56	18.3	19.9	22.4	24.9	28.2	32.0	36.8	41.7	46.2	48.7	51.5	51.5	52.6
57	18.4	20.2	22.5	25.2	28.5	32.2	36.7	41.5	46.0	48.9	51.3	52.0	52.3
58	18.5	20.6	22.4	25.2	28.3	32.5	36.7	41.1	46.0	48.9	51.9	52.7	52.0
59	18.4	20.4	22.8	25.2	28.6	32.2	37.2	42.0	46.3	49.1	51.7	52.6	52.7
60	18.4	20.6	22.7	25.7	28.5	33.0	37.3	42.4	46.1	49.0	51.7	52.1	52.1
61	18.6	20.4	22.9	25.6	28.9	33.0	38.2	43.0	46.5	49.5	51.0	52.0	52.9
62	18.6	20.8	23.0	26.0	29.0	33.4	37.8	43.0	46.5	49.3	51.9	52.1	52.3
63	18.7	20.5	22.9	25.7	29.3	33.3	37.3	43.1	47.6	49.2	51.7	53.0	52.8
H 元	18.6	20.8	23.3	26.0	28.9	33.5	38.1	42.9	46.8	49.7	51.6	52.4	52.6
2	18.9	20.8	23.3	26.1	29.9	33.1	38.2	43.2	46.7	49.7	52.0	52.7	52.4
3	19.1	21.0	23.1	26.1	29.1	33.5	38.1	43.8	46.8	49.8	52.3	53.3	52.4
4	18.9	21.0	23.4	26.6	29.5	33.8	39.2	43.4	47.2	50.1	52.3	53.3	52.8
5	18.7	20.8	23.4	26.4	30.2	34.1	38.5	44.1	46.7	49.9	51.5	53.6	54.0
6	18.6	20.9	23.3	26.6	29.4	34.3	39.0	44.5	47.0	50.1	52.0	53.2	53.4
7	19.1	20.7	23.5	26.5	29.9	34.2	38.9	44.2	47.5	50.2	52.5	53.3	52.8
8	18.8	20.8	23.2	26.7	30.6	34.6	39.1	44.4	47.6	50.3	52.1	53.4	53.4
9	18.6	20.9	23.4	26.6	30.2	35.1	39.6	44.6	47.5	50.1	52.2	53.9	53.1
10	18.7	21.2	23.9	26.7	30.2	34.8	40.3	45.4	48.5	50.8	52.2	53.4	53.3
11	18.8	20.9	23.7	26.8	30.1	34.2	40.4	44.8	47.9	50.4	52.0	53.3	52.7
12	18.9	21.1	23.7	27.1	30.5	34.7	39.9	44.8	48.2	50.7	51.7	52.6	53.3
13	18.7	21.4	23.7	26.8	30.7	34.5	38.7	44.2	48.2	50.5	52.5	53.6	53.6
14	19.0	20.7	24.0	26.9	30.7	35.0	40.4	44.8	48.4	50.3	52.1	52.8	53.6
15	18.9	21.2	23.7	27.1	30.4	35.0	39.8	45.0	48.2	50.6	52.0	52.4	53.9
16	18.6	21.0	23.8	26.8	29.8	34.8	39.0	44.8	47.8	50.6	52.2	54.0	53.7
17	18.7	21.3	23.7	26.6	30.5	34.7	40.1	44.5	48.2	50.8	52.2	53.1	54.5
18	18.6	21.0	23.4	26.6	30.3	34.0	40.0	44.1	47.8	50.8	53.1	53.7	53.1
19	18.6	21.0	23.7	26.2	30.1	34.5	39.9	44.6	48.4	50.3	52.8	53.7	53.1
20	18.6	20.9	23.2	26.3	30.4	34.6	39.6	44.9	47.7	50.5	52.0	53.6	53.3
21	18.8	21.0	23.2	26.0	30.3	34.0	39.0	44.9	47.4	50.6	52.8	53.0	54.5
22	18.4	21.0	23.6	26.6	30.4	34.5	39.4	44.5	47.4	50.5	53.6	52.7	52.8
23	18.8	20.9	23.6	26.1	30.0	34.2	39.5	43.8	47.7	49.8	52.6	53.4	53.8
24	18.6	21.1	23.5	25.9	30.0	34.6	39.3	44.3	47.2	49.6	52.2	53.6	53.3
25	18.7	20.8	23.7	26.3	29.7	34.3	38.9	44.3	48.0	50.3	52.7	53.5	52.5
26	18.6	21.0	23.4	26.7	30.4	34.6	39.2	44.7	47.4	50.8	51.2	53.9	52.5
27	18.4	21.2	23.4	26.2	29.7	34.3	39.2	44.5	47.4	50.4	51.7	52.3	54.3
28	18.3	20.7	23.5	26.6	29.8	34.4	39.6	44.4	47.8	50.1	52.7	52.5	53.0
29	18.7	21.2	23.3	26.8	29.9	33.8	39.9	44.4	47.7	51.1	51.7	52.2	53.6
30	18.5	21.1	23.5	26.1	30.6	34.4	38.8	44.1	47.9	50.2	51.7	52.9	53.3
R 元	18.6	21.4	23.5	26.8	30.2	34.5	39.9	44.6	47.8	50.0	51.9	54.1	52.9
2	19.1	21.4	23.7	26.9	30.6	34.5	40.0	45.2	48.1	50.6	51.8	53.9	52.8
3	19.0	21.2	24.1	27.2	30.8	34.7	39.9	44.9	47.8	50.2	52.9	52.7	52.9

注1) 下線の部分は調査実施以来最高を示す。

注2) 令和2年度と3年度は新型コロナウイルス感染症の影響で、他の年度と測定時期が異なっているため、過去の数値と単純比較することはできない。